



KENSINGTON
PARK SCHOOL

MENU

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Pea & Mint	Honey Roast Carrot	Tomato & Chive	Creamy Mushroom	Leek & Potato
Main Meal Dishes	Chicken Tikka Masala with Vegetables	MEXICAN FIESTA Chunky Beef & Bean Chilli served with Taco, Guacamole, Pico De Gallo & Cheese	Cantonese Chicken Chow Mein Egg Noodles	Neapolitan Style Beef & Cheese Fusilli Pasta Bake	Beef Meatloaf with Onion Gravy
	Sweet Potato, Aubergine, Spinach, Chickpea & Jackfruit Curry				Southwestern Style Beans, Corn & Pepper Quesadilla
On The Side	Bombay Potatoes	Nando's Copycat Rice	Egg Noodles with Soy Sauce & Sesame Oil	Olive, Tomato & Rosemary Focaccia Bread	Classic British Chunky Chips, Steamed Peas & Baked Beans
	Roasted Carrots	Steamed Sweetcorn		Asian Stir-Fried Vegetables	
	Curried Cauliflower & Green Beans	Roasted Mexican Vegetables	Green Beans & Cauliflower	Steamed Carrots & Peas	
				Roasted Aubergines & Peppers	
Dessert	Classic Victoria Sponge	Lemon Drizzle	Apple Oat Crumble with Custard	Fruit Jelly & Custard Pots	'Boost' Chocolate & Black Bean Brownie
Every Day	Fresh Cut Fruit, Yoghurt, Jelly Pots & Salad Bar				



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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Pea & Mint	Honey Roast Carrot	Tomato & Chive	Creamy Mushroom	Leek & Potato
Main Meal Dishes	Creamy Bacon Carbonara Penne	Lemon & Thyme Roasted Chicken Leg served with Gravy	Asian Flavours Beef Yaki Udon Noodles	Classic Lamb Shepherd's Pie	Butterfried Chicken Burger with Shredded Lettuce, Sliced Tomato & Cheddar Slice
	Mac & Cheese with Crispy Breadcrumbs	Chickpea Burger with Avocado Cream & Caramelised Red Onion	Malaysian Rice Curry with Tofu	Mozzarella, Basil & Tomato Potato Dumpling bake	Battered Pollock
	Aubergine, Tomato & Mozzarella Stuffed Focaccia				Basil, Parmesan & Garlic Spaghetti
On The Side	Pasta with Rich Tomato Sauce & Garlic Bread Carrots & Green Beans Sweetcorn	Roasted New Potatoes Steamed Cabbage Green Beans & Carrots	Noodles with Soy Sauce & Sesame Asian Stir-Fried Vegetables Steamed Carrots	Yorkshire Pudding with Gravy Honey Glazed Root Vegetables	Thick-cut Chips, Minted Peas & Baked Beans
Dessert	'Boost' Parsnip & Carrot Cake with Chocolate Frosting	Selection of Jellies & Yoghurt Pots	Summer Berry & Apple Crumble with Custard	Yoghurt Cake	Fruit Salad
Every Day	Fresh Cut Fruit, Yoghurt, Jelly Pots & Salad Bar				



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MENU

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Pea & Mint	Honey Roast Carrot	Tomato & Chive	Creamy Mushroom	Leek & Potato
Main Meal Dishes	British Flavours Pea, Butternut Squash & Creamy Chicken Pie Cumberland Pork Sausages with Gravy Lentil & Carrot Stew topped with Mashed Potato	Steamed Tagliatelle in Slow Cooked Beef Tomato Sauce	Pick Your Pizza Margherita Jamaican Jerk Chorizo	Southern Style Baked Chicken BBQ Baked Chicken Wings Vegan Singapore Vermicelli Noodles with Tofu	Beef Burger with Shredded Lettuce, Sliced Tomato & Cheddar Slice
		Moroccan Vegetable Tagine with Couscous	Falafel with Pitta Bread & Lemon Tahini Sauce		Breaded Halloumi Burger
On The Side	Creamy Mashed Potato Bacon & Cabbage Colcannon Honey Roasted Root Vegetables	Tomato & Olive Focaccia Bread Pasta with Rich Tomato Sauce Mediterranean Vegetable Stew Green Beans	Focaccia Bread with caramelised onions Chips Garlic & Chilli Roasted Broccoli Sweetcorn	Herb Roasted New Potatoes Green Beans Steamed Carrots	Chips, Minted Peas & Baked Beans
Dessert	Sticky Toffee Pudding	Chocolate Panna Cotta	Selection of Jellies & Yoghurt Pots	Pear Crumble with Custard	Classic Flapjack
Every Day	Fresh Cut Fruit, Yoghurt, Jelly Pots & Salad Bar				